



Oral wellness is one of the foundations for overall health. When our mouths, gums or teeth aren't healthy, our bodies are more susceptible to serious disease—and that includes baby teeth! Tooth decay is the single most common chronic infectious disease that affects children in the United States. The littlest smiles need the most care. So if your baby has reached their first birthday, it's time to meet the dentist!

Healthy Smile, Happy Life

Take advantage of numerous free resources for improving your child's oral health at **deltadentalmn.org/oral-health.**