



Start Your  
Next Year  
Right



Schedule Your Dental Exam Now



Time to celebrate and keep on smiling through the next year! If you haven't already, now is the time to schedule your next dental exam and cleaning—because keeping your smile healthy is the first step in keeping your body healthy!

## Healthy Smile, Happy Life

For tips, tools, and resources to help you improve and maintain your oral wellness and overall health throughout the year, make sure to bookmark **[deltadentalmn.org/oral-health](https://deltadentalmn.org/oral-health)**.