

Start Their First Year Right

It's time to schedule your baby's dental exam. Oral wellness is one of the foundations for overall health. When our mouths, gums, or teeth aren't healthy, our bodies may be more susceptible to other problems—and that includes baby teeth! Tooth decay is the single-most common chronic infectious disease that affects children in the United States. The littlest smiles need the most care. So if your baby has reached their first birthday, it's time to meet the dentist!



Healthy Smile, Happy Life

LifeSmile can help you prevent disease and keep you on the path toward a healthier, happier life for you and your baby. Take advantage of numerous free resources for improving your oral health at oralhealth.deltadental.com.

What's Your Score?

Is your oral health at risk? Take a quick online assessment that you can share with your dentist to help identify risk indicators and make a plan for protecting your smile.

[Take the Online Assessment](#)